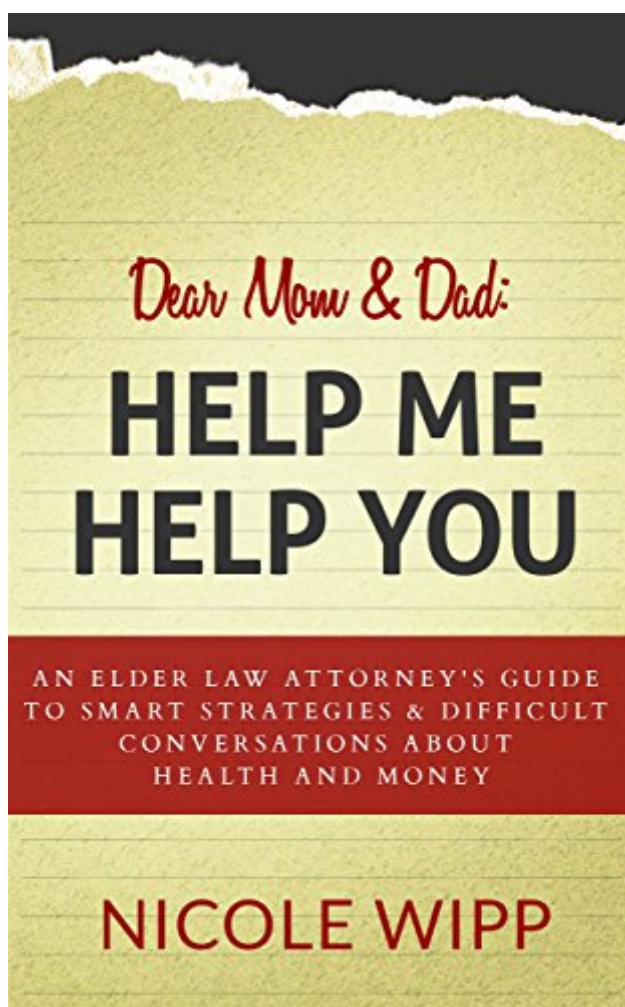


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# Dear Mom & Dad: Help Me Help You: An Elder Law Attorney's Guide To Smart Strategies & Difficult Conversations About Health And Money





## Synopsis

As a young child, I had the unbelievable gift of a close knit family, led by loving and caring grandparents. My grandparents, like so many, tried to do everything "right." They saved. They had fun. They saw a lawyer. They had a will. However, even their desire and attempt to do everything right, to keep a close family intact, to pass on a legacy to their loved ones didn't come without a cost – family squabbles over things not properly considered, poorly informed adult children not having a handle on assets, hurt feelings and family disconnect. Fast forward a few decades, to several years ago when I decided to dedicate my life as a lawyer to the practice of elder law. Very quickly, I noticed some things that, over time, have become more and more of a concern: the general lack of good, smart planning by otherwise very smart people. This concern is shared, almost universally, by my colleagues nationwide, and even worldwide, as we all struggle to cope with rapidly aging populations. We are talking about smart people – people that have, like my grandparents, tried to do the right thing. Today's world, however, is a very different one than my (and your) grandparents and their parents inhabited. People are living longer, but not necessarily with better health. Healthcare today often extends the quantity of life, without considering the quality of life. When this happens - as it does for most people, lack of smart planning can have devastating consequences, both personally and financially. Fast-forward again to present day, where, in my early forties, I personally experienced what many of my clients and families go through later in life – a major health crisis. In January 2015, after a year of mysterious and misdiagnosed symptoms, I was hospitalized for 27 days and ultimately diagnosed with a rare lung disease, lymphangioleiomyomatosis. Although I had been practicing in the field of elder law for several years, during my hospitalization and months of recovery I gained an even deeper understanding of how ill-prepared almost everyone is for dealing with the healthcare system and how easy it is to lose control, especially when you are most vulnerable. This book is designed to be an introductory guide to the things that need to be discussed between adult children and aging parents – or, at the very least, considered and planned for by the aging parent. The goal is to try to fill in the many gaps that those of us dealing every day with the aging population see – gaps that are often not filled in by traditional estate planning documents, and gaps that aren't considered within the legal world at all. As I often say, it's what you don't know, that can hurt you. Although there are more topics and depth than could ever be explored by a single book, complexity is the enemy of progress. This book seeks to set out the most common challenges faced by families with aging loved ones, and provide some of the strategies to overcome these challenges.

## Book Information

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## Customer Reviews

We are working through a transition in life with a loved one and will probably need to work with an elder law attorney. This book seems to provide a starting point for a list of questions to ask, even though the situations and scenarios in the book don't perfectly match our situation. One suggestion would be to re-edit the text to correct all of the typos and word omissions. Some create confusion.

What a great source of information. Certainly opened my eyes and mind to many things that I had not even considered and I am sure my parents haven't either. I recommend this book for everyone as having the knowledge before you are in a crisis is important so that we make sure we make the right decisions as we go.

This short book is long in talk and short in details. Also, it is full of typos and mistakes. I'm disappointed.

Nice book. Gave me some good information. There's lots of misspelling though.

Everyone should read this book .

Well worth the read. My eyes were opened to how important it is to plan for living! We always think we have to get things in order for when we die. Think again! As this book so clearly explains, we need to plan for situations that happen in our lifetime! What a great resource to get the ball rolling.

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